



ACTIVITY PACK

MY CHARACTER TREE TRAITS

Character traits are simple qualities you have as a person that make you unique and special. Choose ten character traits from the list below that will help you to “grow” in the right direction. Write them over the oranges. Bad character will cause you to wither and skrink, but good character will help you to grow to new heights.



Responsible

Trustworthy

Irresponsible

Bighearted

Selfish

Hurtful

Criminal

Thoughtful

Fair

Jealous

Hateful

Insulting

Respectful

Mean

Good Citizen

Self Control

Liar

Self-Control

Hard Worker

Patience

Lazy

Courageous

Slacker

Gossip

Friendly

Compassionate

Confident

Unfriendly

Polite

Loyal

Complainer

Stubborn

SAY SOMETHING NICE!

A compliment is when you say something nice about someone or something. Write 3 nice things about yourself below. Think of 3 more positive things to say about a good friend. Finally, write something nice about another student who you may want to become your next friend.

Three nice things I like about me:

3 _____

Three nice things I like about a friend:

3 _____

Three nice things about another student I would like to be my new friend:

3 _____

"No friendship is an accident"
O. Henry

BUILD SOMETHING OF VALUE

You're not truly rich unless you have something money can't buy. When you live your life according to the 6 pillars of character it is the starting point to becoming the most emotionally fit and awesome person you can be. Unscramble the words below and become your most impressive self.

RATCHACER _____

MANRENS _____

MORLSA _____

PONRESBLES _____

WORTHTRUSTY _____

KSSINDNE _____

TCEPSE _____

TIENCEPA _____

GRITYINTE _____

SFARINSE _____

Answers: (1) CHARACTER (2) MANNERS (3) MORALS (4) RESPONSIBILITY (5) TRUSTWORTHY (6) KINDNESS (7) RESPECT (8) PATIENCE (9) INTEGRITY (10) FAIRNESS

WHO IS YOUR ROLE MODEL?

A great role model is someone in your life that you look up to that inspires you to be your best. Having that special person in your life that can help guide you to make good decisions when life gets tough. Your role model may be different than your friend's role model. Maybe the person you look up to is your teacher. While your friend may look for guidance from an older sibling. Role models can be lots of people like family members, teachers, friends, or even celebrities. Finish the picture below of a role model in your life then write a short sentence about that person explaining why they inspire you to show good character.



My role model's name is _____

They inspire me because _____



BE A BUDDY, NOT A BULLY

Let's all be caring and responsible citizens at school. Don't stand for bullying. Knowing the difference between a BULLY, VICTIM and a BYSTANDER is the first step to understanding how to protect yourself from being bullied and helping others that are being bullied. Circle the words in the puzzle from the list below. The words appear horizontally, vertically, backwards and diagonally.

H Y J Z F E W F T J I G C D
U L A O P E A C G M N I V N
R I H O Y I I Y E I T Q I E
T M H Z R L O E R I Q I C I
Y A F N F J T A Z O W O T R
E F E N N S C E N P C E I F
L S O E E G N L O B L C M E
S C X F I S F F I S U E R E
P E L V H U P L A Y W L H S
R E E I N R E S P E C T L B
S S P T R U S T W O R T H Y
D I B Y S T A N D E R S V U
E L V Y E C N E B I F N O C
Y T I L I B I S N O P S E R

BULLY
BYSTANDER
VICTIM
CONFIDENCE
CONFLICT

RESPONSIBILITY
HURT
FAIRNESS
SELF ESTEEM
CARING

CITIZENSHIP
TRUSTWORTHY
RESPECT
HELP
LIE

ROAD TO SUCCESS

Making a choice to be healthy and to stay away from DRUGS, ALCOHOL and SMOKING will quicken your path to success. Find your way through the maze below by avoiding bad choices. Making it to the center of the maze proves you are a champion of good character.



Smoking

START



Drugs



Alcohol



ZOMBIE RESPONSE TEAM

Imagine a world in which brain-gobbling Zombies eat bullies. These friendly Zombies are on a mission to make your school a bully-free zone. Decorate a t-shirt for the Zombie Apocalypse using the anti-bullying slogans below (or create your own original Zombie slogan). Remember everything is fun and games until someone gets bit!



Try these undead slogans to help the Zombies save your school:

- Bullies Disappear When Zombies Get Hungry!
- Prevent Zombie Outbreaks, Stop the Bullying!
- Zombies Rule! Don't Be A Bully.
- Don't Fee the Zombies!

